

Get Moving BINGO



Gross Motor Exercises



Play "Simon Says."



Move Your Body!



Invite someone to play the Hokey Pokey.



Animal Charades



Dance to your favorite song!



Alphabet Aerobics



Play hopscotch.



Get Walking

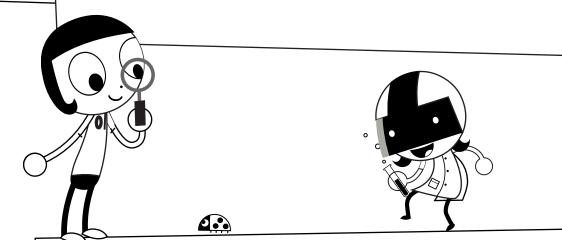
PreK-K

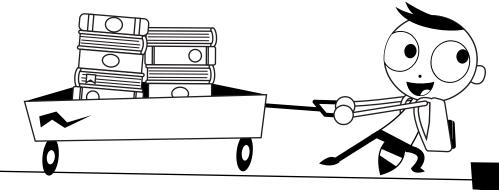
Find more games and activities at pbs.org/parents/learn-at-home





Get Moving







Week of May 24th

Hello, Families!

Welcome to **Learn Along Bingo**! We're happy to share PBS KIDS activities with you and to work with PBS member stations and community partners across the country to help support learning at home. With Learn Along Bingo, children can view, explore, and play as they learn alongside their PBS KIDS friends on the PBS KIDS 24/7 channel. We hope your family will use it to inspire learning each and every day.

It's "Get Moving" Week!

In this packet, there are printable activities and everyday learning ideas for you and your child to choose from. As you complete each square, mark it off to celebrate the learning.

Learning Spotlight: Moving Your Body

There are many ways that people can move their bodies. Children will practice controlling their bodies and grow developing gross motor skills.

Show What You Know: Animal Charades

The last activity in this packet is a perfect way for children to learn about how they can move their bodies.

Tune in: Watch DANIEL TIGER'S NEIGHBORHOOD at 8am ET on Tuesday, May 25th on the PBS KIDS 24/7 channel.

Ready for more? Watch your favorite PBS KIDS shows on the 24/7 channel and live stream at pbskids.org/video/livetv or on your local PBS station.

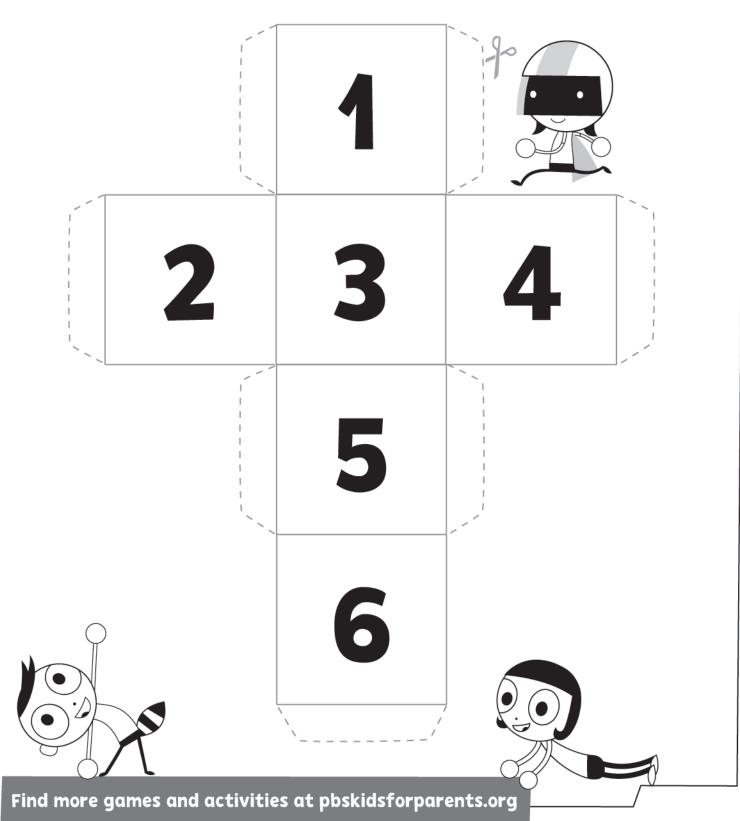
Happy learning! PBS KIDS





Gross Motor Exercises

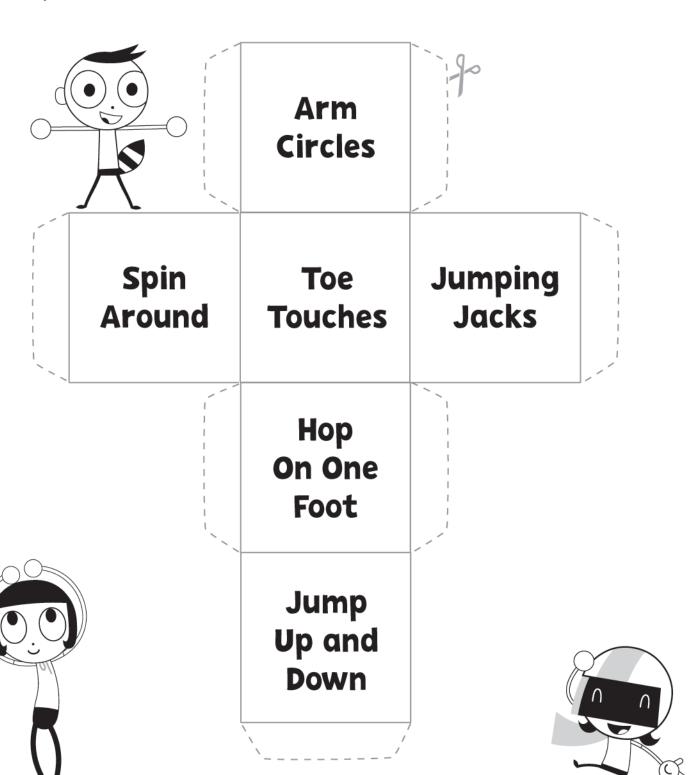
Instructions: Take turns tossing the dice. The number on top will be the number of times you do the exercise.





Gross Motor Exercises

Instructions: Invite someone to exercise with you. Take turns tossing the dice. The exercise on the top will be the one you will do!







Did you know that you can move your body to form the shape of alphabet letters? Sometimes you will need to tag in a friend or family member to join the fun because you might need help to create the lines or curves of the letter. After you recreate the letter, cross it off on your chart.

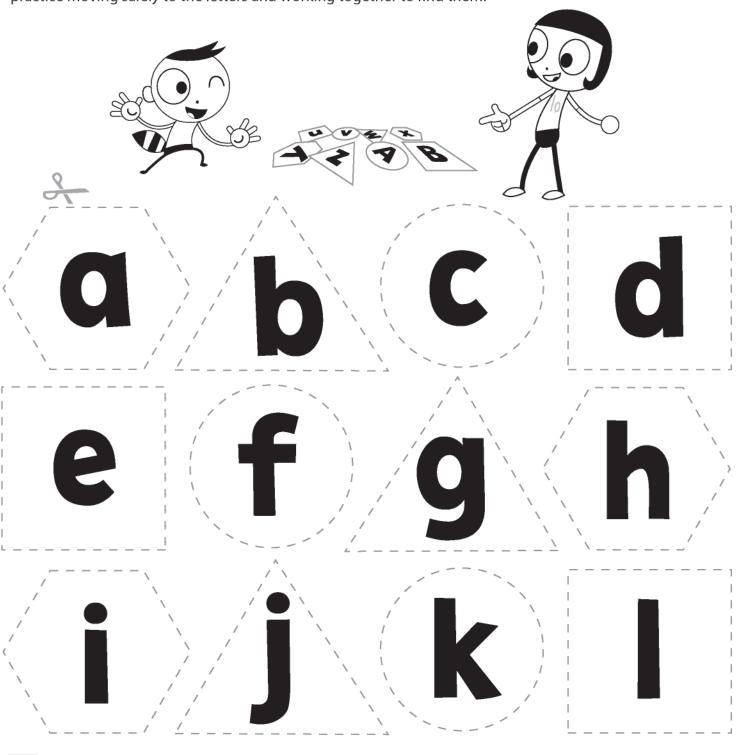
A	В	C
D	E	F
G	Н	
J	K	L
M	N	0
P	Q	R
S	T	U
V	W	X
Y	Z	





Alphabet Aerobics

Instructions: Cut out the shapes and scatter them across the floor. One person will be the caller. The caller will call out a letter and ask the players to move to find the letter in a special way. You might say, "Tiptoe to the letter A." You can share clues like, "The letter A is in the middle of a hexagon." Encourage everyone to practice moving safely to the letters and working together to find them.















Alphabet Aerobics

Y



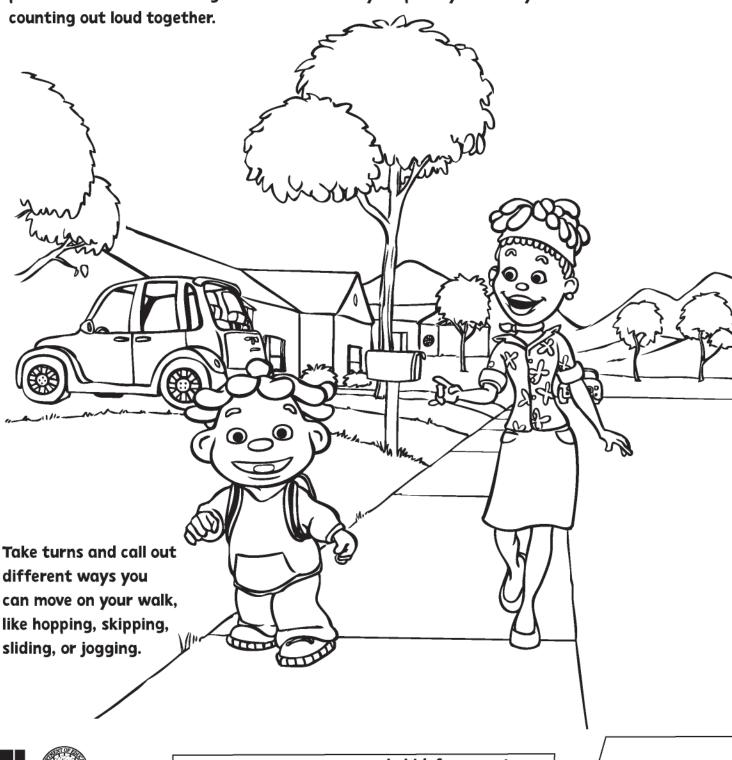






Get Walking!

Taking a walk with your family is a great way to exercise and have fun! Invite a grownup to plan a walk around the neighborhood. How many steps do you think you will take? Practice



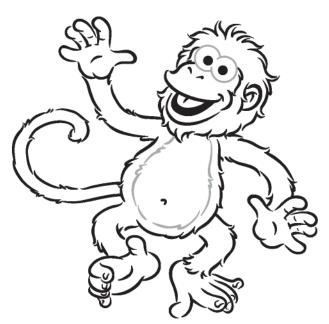




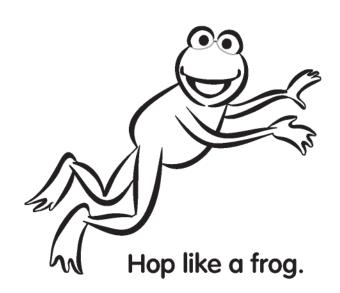


Animal Charades

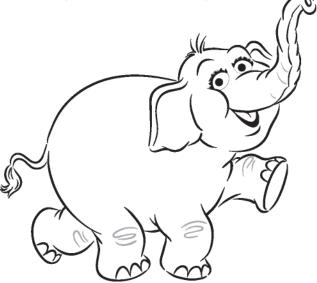
Color and cut the Animal Charades cards. Then, take turns choosing one and moving like the animal.



Swing like a monkey.



Stomp like an elephant.



Slither like a snake.







Animal Charades

Color and cut the Animal Charades cards. Then, take turns choosing one and moving like the animal.



Fly like a bee.











Schedule Begins May 3, 2021

Explore reading, math, science, life lessons, and more on the PBS KIDS 24/7 channel and live stream! The TV schedule below offers you and your child a chance to learn anytime alongside your friends from PBS KIDS.

TIME (M-F)	SHOW	GRADE	LEARNING GOALS
6/5c am	The Cat in the Hat Knows a Lot About That!	PK-1	Science & Engineering
6:30/5:30c am	Ready Jet Go!	K-2	Science & Engineering
7/6c am	Peg + Cat	PK-K	Math
7:30/6:30c am	Super WHY!	PK-K	Literacy
8/7c am	Daniel Tiger's Neighborhood	PK-K	Social & Emotional Learning
8:30/7:30c am	Daniel Tiger's Neighborhood	PK-K	Social & Emotional Learning
9/8c am	Sesame Street	PK-K	Literacy, Math, Social & Emotional Learning
9:30/8:30c am	Elinor Wonders Why	PK-K	Science & Engineering
10/9c am	Clifford the Big Red Dog	PK-K	Social & Emotional Learning, Literacy
10:30/9:30c am	Dinosaur Train	PK-K	Science
11/10c am	Let's Go Luna!	K-2	Social Studies
11:30/10:30c am	Nature Cat	K-3	Science
12 pm/11c am	Nature Cat	K-3	Science
12:30 pm/11:30c am	Xavier Riddle and the Secret Museum	K-2	Social & Emotional Learning
1/12c pm	Molly of Denali	K-2	Literacy
1:30/12:30c pm	Hero Elementary	K-2	Science & Engineering
2/1c pm	Cyberchase	1-5	Math & Science
2:30/1:30c pm	Pinkalicious & Peterrific	PK-1	The Arts
3/2c pm	Pinkalicious & Peterrific	PK-1	The Arts
3:30/2:30c pm	Elinor Wonders Why	PK-K	Science & Engineering
4/3c pm	Donkey Hodie	PK-K	Social & Emotional Learning
4:30/3:30c pm	Curious George	PK-K	Math, Science & Engineering
5/4c pm	Curious George	PK-K	Math, Science & Engineering
5:30/4:30c pm	Xavier Riddle and the Secret Museum	K-2	Social & Emotional Learning
6/5c pm	Molly of Denali	K-2	Literacy
6:30/5:30c pm	Hero Elementary	K-2	Science & Engineering



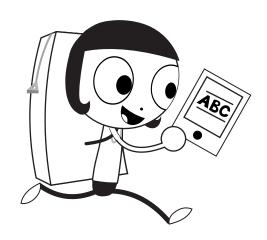
Play and learn anytime and anywhere with free apps from PBS KIDS! Use the chart below to find the app that aligns to your child's grade, learning goal, and favorite PBS KIDS show - then download it on your on your mobile or tablet device to play online, offline, or anytime.

Apps for Social & Emotional Learning

Daniel Tiger for Parents	PK-K	Social & Emotional Learning
PBS KIDS Games app	K-2	Multiple Learning Goals
PBS KIDS Video app	K-2	Multiple Learning Goals

Apps for Literacy Learning

Dinosaur Train A to Z	PK-K	Literacy, Science
Molly of Denali	K-2	Literacy
PBS KIDS Games app	K-2	Multiple Learning Goals
PBS KIDS Video app	K-2	Multiple Learning Goals



Apps for STEM Learning (Science, Technology, Engineering & Math)

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PBS Parents Play & Learn	PK-K	Literacy, Math
Play & Learn Engineering	PK-K	Science and Engineering
Play & Learn Science	PK-K	Science
Splash and Bubbles for Parents	PK-K	Science
Splash and Bubbles Ocean Adventure	PK-K	Science
The Cat in the Hat Builds That!	PK-K	Science and Engineering
The Cat in the Hat Invents	PK-K	Science and Engineering
Jet's Bot Builder: Robot Games	K-2	Science and Engineering
Photo Stuff with Ruff	K-2	Science

lology, Engineering & Math)		
Ready Jet Go! Space Explorer	K-2	Science
Ready Jet Go! Space Scouts	K-2	Science and Engineering
Nature Cat's Great Outdoors	K-3	Science
PBS KIDS ScratchJr	1-2	Coding
Outdoor Family Fun with Plum	1-3	Science and Engineering
Cyberchase Shape Quest	1-5	Math, Science
PBS KIDS Games app	K-2	Multiple Learning Goals
PBS KIDS Video app	K-2	Multiple Learning Goals







