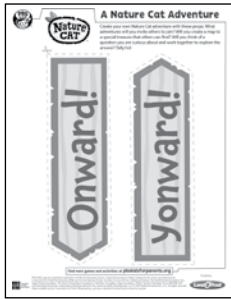




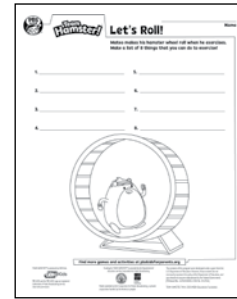
Get Moving BINGO



A Nature Cat Adventure



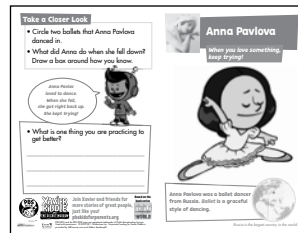
Practice mirroring the movements of a partner.



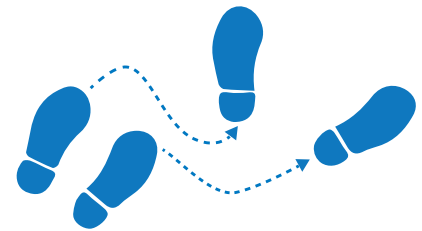
Let's Roll



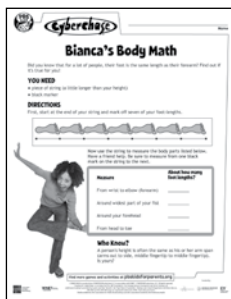
Find a prop (like a fabric or hat) to dance with.



Anna Pavlova



Draw the steps to a routine. Then, practice it.



Bianca's Body Math



Look at a dance from a different culture and practice it.



Yoga Poses

Grades 1-2

Find more games and activities at pbs.org/parents/learn-at-home



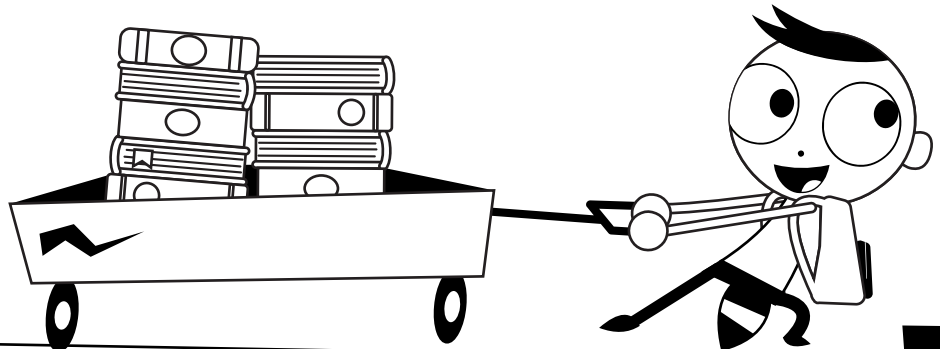
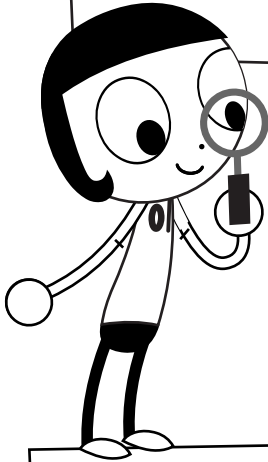
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Learn at Home with PBS KIDS

Get Moving

BINGO





Learn at Home with PBS KIDS

**Week of
May 24th**

Hello, Families!

Welcome to **Learn Along Bingo!** We're happy to share PBS KIDS activities with you and to work with PBS member stations and community partners across the country to help support learning at home. With Learn Along Bingo, children can view, explore, and play as they learn alongside their PBS KIDS friends on the PBS KIDS 24/7 channel. We hope your family will use it to inspire learning each and every day.

It's "Get Moving" Week!

In this packet, there are printable activities and everyday learning ideas for you and your child to choose from. As you complete each square, mark it off to celebrate the learning.

Learning Spotlight: Moving Your Body

There are many ways that people can move their bodies. Children will practice controlling their bodies and grow developing gross motor skills.

Show What You Know: Anna Pavlova

The last activity in this packet is a perfect way for children to learn about Anna Pavlova.

Tune in: Watch PINKALICIOUS & PETERRIFIC at 1pm ET on Tuesday, May 25th on the PBS KIDS 24/7 channel.

Ready for more? Watch your favorite PBS KIDS shows on the 24/7 channel and live stream at pbskids.org/video/livetv or on your local PBS station.

Happy learning!
PBS KIDS



Find free activities, articles and tips to support at-home learning on pbskidsforparents.org

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A Nature Cat Adventure

Create your own Nature Cat adventure with these props. What adventures will you invite others to join? Will you create a map to a special treasure that others can find? Will you think of a question you are curious about and work together to explore the answer? Tally ho!



Find more games and activities at pbskidsforparents.org

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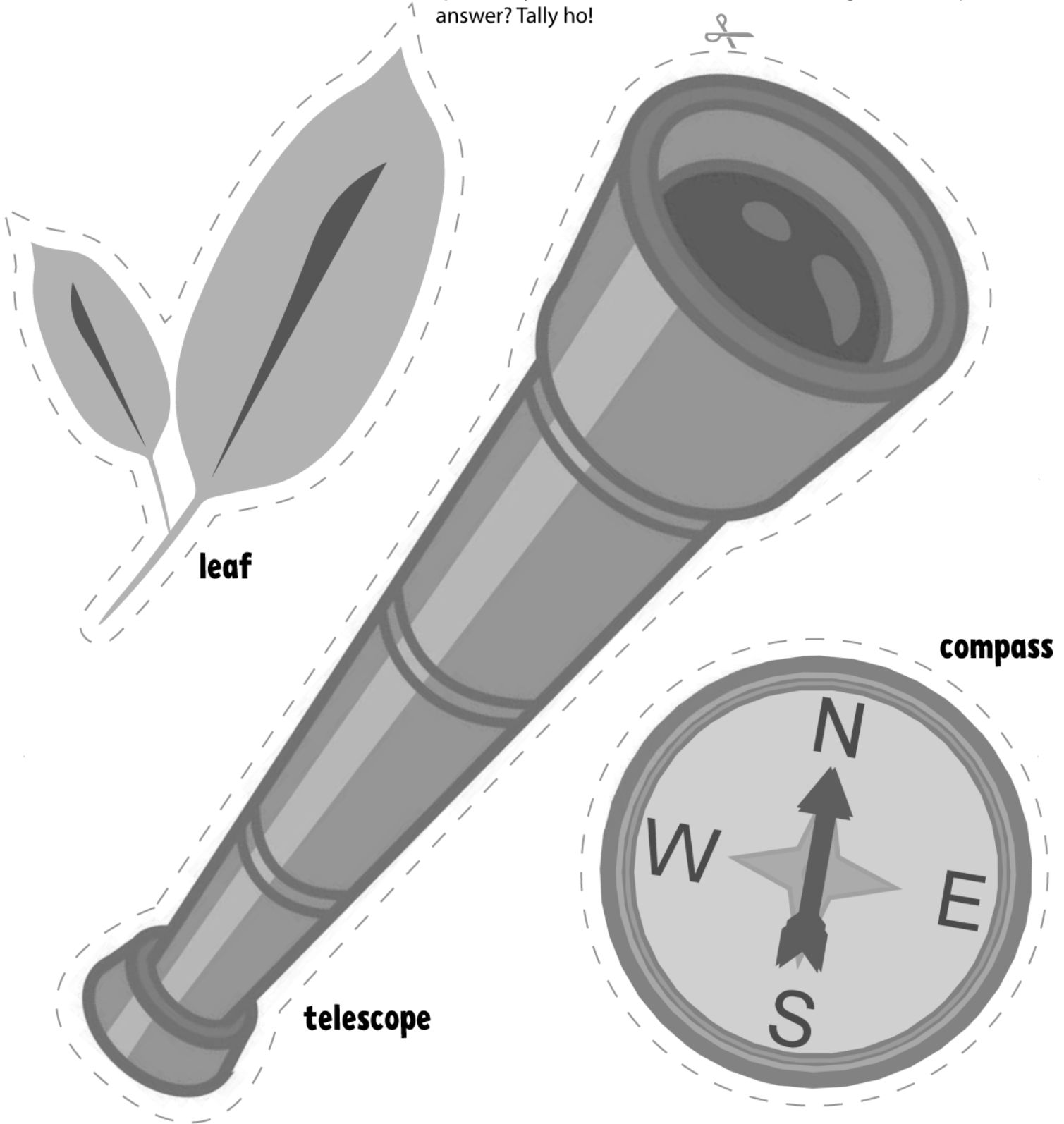
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A Nature Cat Adventure

Create your own Nature Cat adventure with these props. What adventures will you invite others to join? Will you create a map to a special treasure that others can find? Will you think of a question you are curious about and work together to explore the answer? Tally ho!



leaf

telescope

compass

Find more games and activities at pbskidsforparents.org

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Name _____

Let's Roll!

Mateo makes his hamster wheel roll when he exercises.
Make a list of 8 things that you can do to exercise!

1. _____

5. _____

2. _____

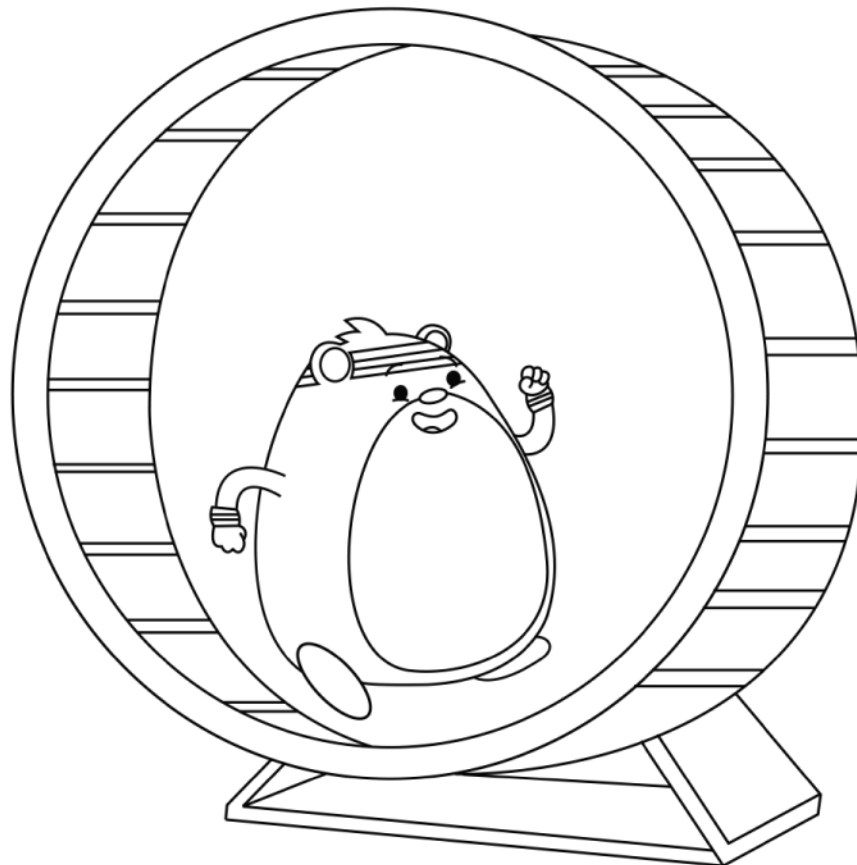
6. _____

3. _____

7. _____

4. _____

8. _____



Find more games and activities at pbskidsforparents.org

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Name _____

Bianca's Body Math

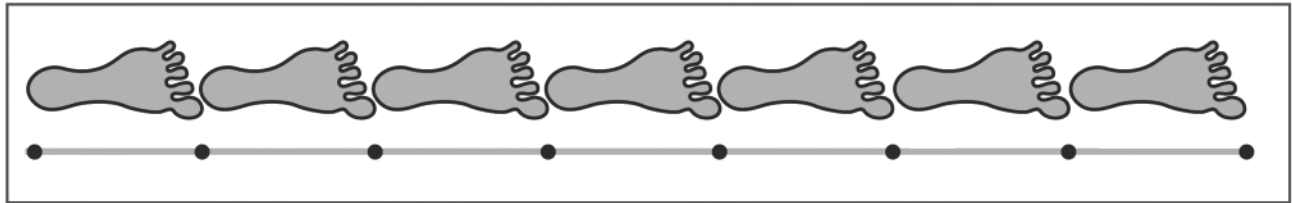
Did you know that for a lot of people, their foot is the same length as their forearm? Find out if it's true for you!

YOU NEED

- piece of string (a little longer than your height)
- black marker

DIRECTIONS

First, start at the end of your string and mark off seven of your foot-lengths.



Now use the string to measure the body parts listed below. Have a friend help. Be sure to measure from one black mark on the string to the next.



Measure	About how many foot lengths?
From wrist to elbow (forearm)	_____
Around widest part of your fist	_____
Around your forehead	_____
From head to toe	_____

Who Knew?

A person's height is often the same as his or her arm span (arms out to side, middle fingertip to middle fingertip). Is yours?

Find more games and activities at pbskidsforparents.org

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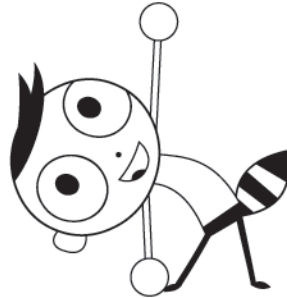


Yoga Poses

Practice these kid-friendly yoga poses.



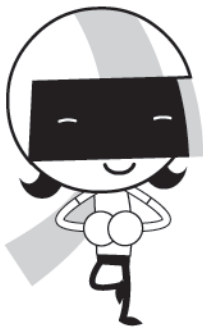
belly breathing



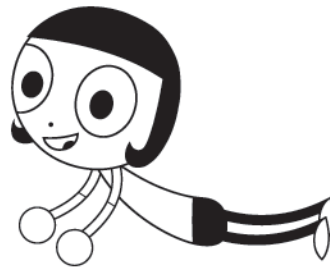
triangle pose



boat pose



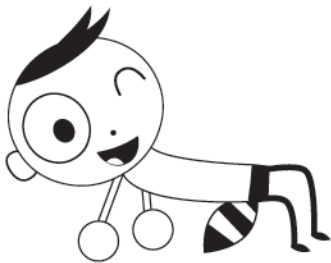
tree pose



cobra pose



waterfall pose



crab pose



frog pose

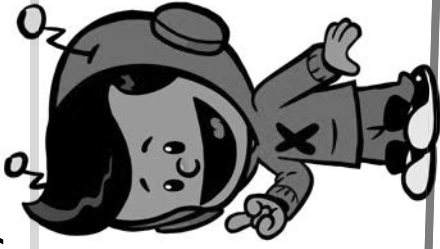


zero pose

Find more games and activities at pbskidsforparents.org

Take a Closer Look

- Circle two ballets that Anna Pavlova danced in.
- What did Anna do when she fell down? Draw a box around how you know.



*Anna Pavlov
loved to dance.
When she fell,
she got right back up.
She kept trying!*

- What is one thing you are practicing to get better?
-
-
-



Anna Pavlova

*When you love something,
keep trying!*



Anna Pavlova was a ballet dancer from Russia. Ballet is a graceful style of dancing.



Russia is the largest country in the world.

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book series
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Setting the Stage

Anna Pavlova was born in St. Petersburg, Russia in 1881. When Anna was young, her mother took her to see the ballet *Sleeping Beauty*. Anna loved it. She said that one day she would dance the part of *Sleeping Beauty*.



This photograph shows Anna Pavlov (circled) in her ballet class when she was 10 years old.

Learning to Dance

Anna wanted to go to a special ballet school. She tried to get in when she was eight. The head of the school said no. He said to come back when she was 10. Two years later, Anna tried again. She got in! Anna left home and lived at school. She studied dance, fencing, and music.

In the Spotlight

When Anna performed for the first time, she tripped and fell. She landed with her back to the crowd. Anna got right back up, smiled, and kept dancing.

Anna practiced and worked hard for many years. When she graduated, she joined one of the best Russian ballet companies. She became famous for her delicate and expressive dancing. During her life, she performed all over the world—including in the ballet *Sleeping Beauty*!

Amazing Fact!

As a girl, Anna loved observing nature and animals. This inspired many of her dances. She is best known for her dancing as a swan in *Swan Lake*.



This is a photograph of Anna Pavlova with her pet swan, named Jack.



Learn at Home with PBS KIDS

Schedule Begins May 3, 2021

Explore reading, math, science, life lessons, and more on the PBS KIDS 24/7 channel and live stream! The TV schedule below offers you and your child a chance to learn anytime alongside your friends from PBS KIDS.

TIME (M-F)	SHOW	GRADE	LEARNING GOALS
6/5c am	The Cat in the Hat Knows a Lot About That!	PK-1	Science & Engineering
6:30/5:30c am	Ready Jet Go!	K-2	Science & Engineering
7/6c am	Peg + Cat	PK-K	Math
7:30/6:30c am	Super WHY!	PK-K	Literacy
8/7c am	Daniel Tiger's Neighborhood	PK-K	Social & Emotional Learning
8:30/7:30c am	Daniel Tiger's Neighborhood	PK-K	Social & Emotional Learning
9/8c am	Sesame Street	PK-K	Literacy, Math, Social & Emotional Learning
9:30/8:30c am	Elinor Wonders Why	PK-K	Science & Engineering
10/9c am	Clifford the Big Red Dog	PK-K	Social & Emotional Learning, Literacy
10:30/9:30c am	Dinosaur Train	PK-K	Science
11/10c am	Let's Go Luna!	K-2	Social Studies
11:30/10:30c am	Nature Cat	K-3	Science
12 pm/11c am	Nature Cat	K-3	Science
12:30 pm/11:30c am	Xavier Riddle and the Secret Museum	K-2	Social & Emotional Learning
1/12c pm	Molly of Denali	K-2	Literacy
1:30/12:30c pm	Hero Elementary	K-2	Science & Engineering
2/1c pm	Cyberchase	1-5	Math & Science
2:30/1:30c pm	Pinkalicious & Peterrific	PK-1	The Arts
3/2c pm	Pinkalicious & Peterrific	PK-1	The Arts
3:30/2:30c pm	Elinor Wonders Why	PK-K	Science & Engineering
4/3c pm	Donkey Hodie	PK-K	Social & Emotional Learning
4:30/3:30c pm	Curious George	PK-K	Math, Science & Engineering
5/4c pm	Curious George	PK-K	Math, Science & Engineering
5:30/4:30c pm	Xavier Riddle and the Secret Museum	K-2	Social & Emotional Learning
6/5c pm	Molly of Denali	K-2	Literacy
6:30/5:30c pm	Hero Elementary	K-2	Science & Engineering

Access FREE, at-home learning activities, tips, and more on pbskidsforparents.org



Learn at Home with PBS KIDS

Play and learn anytime and anywhere with free apps from PBS KIDS! Use the chart below to find the app that aligns to your child's grade, learning goal, and favorite PBS KIDS show - then download it on your on your mobile or tablet device to play online, offline, or anytime.

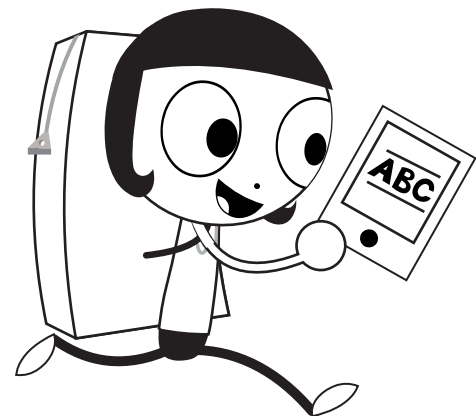
Apps for Social & Emotional Learning

Daniel Tiger for Parents	PK-K	Social & Emotional Learning
PBS KIDS Games app	K-2	Multiple Learning Goals
PBS KIDS Video app	K-2	Multiple Learning Goals



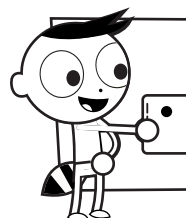
Apps for Literacy Learning

Dinosaur Train A to Z	PK-K	Literacy, Science
Molly of Denali	K-2	Literacy
PBS KIDS Games app	K-2	Multiple Learning Goals
PBS KIDS Video app	K-2	Multiple Learning Goals



Apps for STEM Learning (Science, Technology, Engineering & Math)

PBS Parents Play & Learn	PK-K	Literacy, Math	Ready Jet Go! Space Explorer	K-2	Science
Play & Learn Engineering	PK-K	Science and Engineering	Ready Jet Go! Space Scouts	K-2	Science and Engineering
Play & Learn Science	PK-K	Science	Nature Cat's Great Outdoors	K-3	Science
Splash and Bubbles for Parents	PK-K	Science	PBS KIDS ScratchJr	1-2	Coding
Splash and Bubbles Ocean Adventure	PK-K	Science	Outdoor Family Fun with Plum	1-3	Science and Engineering
The Cat in the Hat Builds That!	PK-K	Science and Engineering	Cyberchase Shape Quest	1-5	Math, Science
The Cat in the Hat Invents	PK-K	Science and Engineering	PBS KIDS Games app	K-2	Multiple Learning Goals
Jet's Bot Builder: Robot Games	K-2	Science and Engineering	PBS KIDS Video app	K-2	Multiple Learning Goals
Photo Stuff with Ruff	K-2	Science			



pbskids.org/apps

