



How to Help Restore or Protect the Gulf of Mexico and Wetlands

Suggestions

Environmental Protection Agency suggests “Ten Ways to Protect Estuaries”

<http://www.epa.gov/owow/oceans/tenways.pdf>.

CWPPRA suggests how you can make good personal choices and ways you can be involved

<http://lacoast.gov/new/GetInvolved/Default.aspx>.

Estuaries.gov suggests things you can do to protect estuaries at home, on the water, on the beach, and in the community <http://estuaries.gov/GetInvolved/Default.aspx?ID=211>.

Estuaries.gov also encourages you to participate in the annual National Estuaries Day (9/24/2011)

<http://estuaries.gov/GetInvolved/Default.aspx?ID=153> and gives suggested school activities

<http://estuaries.gov/GetInvolved/Default.aspx?ID=287>.

America’s Wetlands Resource Center tells how you can help

<http://www.americaswetlandresources.com/youcanhelp/index.html>.

See what Harry Hurst Middle school students, the Wetland Watchers, have done

http://www.wetlandwatchers.org/?page_id=107.

Follow suggestions made in the collaborative “Primer on Hypoxia.”

http://gulfofmexicoalliance.org/pdfs/Primer_on_Hypoxia_in_the_Gulf_of_Mexico.pdf 1) Become educated on proper fertilization practices or minimize use of fertilizers overall, 2) Preserve land adjoining rivers and streams to help prevent nutrient runoff, 3) Support the protection and restoration of natural wetlands and construction of artificial wetlands that can help reduce nutrients before they enter streams, 4) Support best waste-water management and treatment practices in your community.

Wonder what best practices are? See the EPA’s Source Water Protection

<http://water.epa.gov/learn/training/dwatraining/upload/dwaSWP-bestpracticesforSWP.pdf>.

Volunteer

Register to volunteer at <http://volunteer.btnep.org/> where coastal restoration agencies and partners can look to find willing volunteers who want to “do something.”

Find volunteer work by state <http://estuaries.gov/students/Default.aspx?ID=208>.

Volunteer with the Coastal Restoration Corps to work on US coastlines

<http://www.habitat.noaa.gov/pdf/Coastal%20Restoration%20Corps%20workshop%20two-pager%20final.pdf>.

Take part in one of the Classroom Projects developed by Louisiana Sea Grant
<http://www.lamer.lsu.edu/projects.htm>.

Take part in the LSU Ag Center 4-H Youth Wetlands Program
http://text.lsuagcenter.com/en/4H/about_4H/programs/science_engineering_technology/Youth+Wetlands+Week/.

Volunteer for one of the projects sponsored by the Coalition to Restore Coastal Louisiana
<http://www.crcl.org/coalitionprograms/communitybasedrestoration.html>.

Recycle

Want to recycle? Learn how: Recycling 101 <http://earth911.com/recycling/> .

Check your city's website to learn more about recycling in your community or check the **free app iRecycle** <http://earth911.com/irecycle/>. In Baton Rouge check the Baton Rouge Recycling Office <http://brgov.com/dept/recycle/>.

Want to recycle at school, see the recycling classroom activities for Grades K-5 at <http://brgov.com/recycle/classroom.htm>.

Many communities now have specific days on which household hazardous waste is collected. Check your city's website for more information. In Baton Rouge check <http://brgov.com/recycle/householdhazardous.htm>.